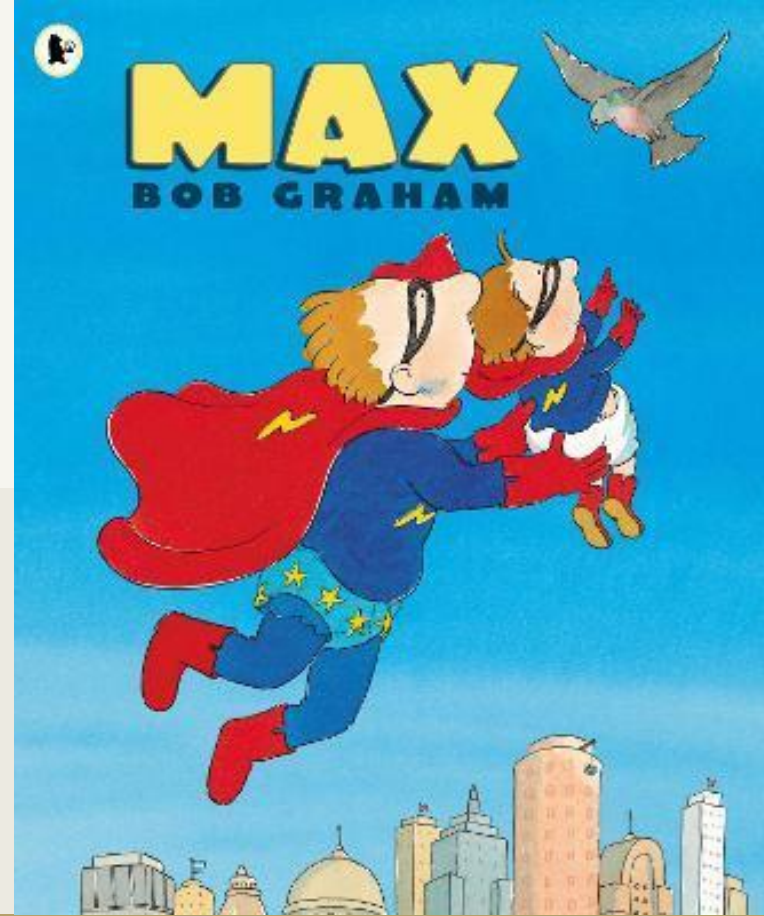




We can be heroes!
How to be a local hero

Max: “a small hero doing quiet deeds”

[Max by Bob Graham Storybook - YouTube](#)



We can all be heroes...

Doing the mahi

A little bit of mahi goes a long way in our communities. Colour in or circle the ways you help out where you live. There's space on the next page for you to draw what you could do too!





What can you do to
help your community?

Getting Started

- ✓ Volunteer through an organisation like: Scouts, Girl Guides etc.
Or through a religious organisation like churches, synagogues and mosques.
- ✓ Your local community centre might also have ideas about how you can contribute.
- ✓ You might be able to start volunteering by helping a family member
e.g. preparing food at the soup kitchen or helping coach a sports team.
- ✓ School: ask a teacher, librarian or teaching assistant for ideas about groups to contact,
fundraising ideas etc



Make your own opportunities:



Think what causes you care about

e.g. if you're an animal lover you may want to support SPCA



Think about what skills you have

e.g. a good reader may be able to buddy up with a beginning reader and help them or read to someone at a rest home/early childhood centre



Make and sell products and donate the money to charity



Collect or earn money for charity (e.g. by doing chores at home)



Start your own charity group

